

JWAAD SUMMER SCHOOL 2019 WEEKEND TIMETABLE

THURSDAY	Souk: HS:				3:30-5:30		5:45		6:15	7:30-9:30
					7 & 3-DAY ARRIVALS		THE GRAND TOUR! Meet in the garden for tour of venue <i>(we suggest you wear your class clothes so you don't have to walk back to change after supper)</i>		Supper	JO (CLR) Welcome meeting followed by: ELIZABETH 2 B (CLR) Belly Dance Jazz SUE 2-3 B (OG) City Groove – Baladi to Shaabi <i>(bring a plain hip scarf)</i> RAPHAELLE 4 B (HS) Vintage Oriental Cha Cha
FRIDAY	7:45	8:45-9:30	10:00-12:00	12:15	1-2	2:00-3:30	3:30-5:30	4:30-6:00	6:15	7:30-9:30
	Breakfast	GWEN 1 B (OG) Abs & Glutes <i>(bring water and a towel/yoga mat)</i>	GALIT 2-3 B (CLR) Funky Footwork SANDRA 3 B (OG) Reda in Hollywood <i>(bring a full skirt and cane)</i> KAY 4 B (DC) Saïidi Superstars <i>(bring assaya - straight stick)</i>	Lunch (1:30-1:50 Sagat) - OG	SOUK	CHRISSIE 2 B (HS) Fun with a Pop Song MARGARET 3 B (OG) Vintage Dreaming GWEN 4 B (DC) Layer cake! challenge your technique	2-DAY ARRIVALS	SOUK	Supper	JO (CLR) Welcome meeting followed by: CATHERINE B 2 B (CLR) Dramatic Oriental with Drum Solo SUE 2-3 B (HS) Funky Ghawazee <i>(optional sagat)</i> ISHTAR 3-4 B-C (OG) Flamenco & Paso Doble Fusion <i>(bring a wide skirt)</i>
SATURDAY	7:45	8:45-9:30	10:00-12:00	12:15	1-2	2:00-3:30	3:30-5:30	4:30-6:00	6:15	8.00
	Breakfast	RAPHAELLE 2 C (OG) Cardio Bellydance <i>(please bring trainers, water and a towel or yoga mat)</i>	ISHTAR 2-3 B-C (OG) Bugsy Malone 20s Dance GALIT 3 B (DC) Pop Choreography JO 4 B (CLR) Professional Dancers Solos with Live Tabla	Lunch (1:30-1:50 Sagat) - OG	SOUK	RACHAEL 2 B (HS) Dance to Zay el Assle KAY 2-3 B (OG) Dance with Live Tabla GWEN 3-4 B (DC) Lyrical Choreography Mastering smooth and sharp	5-DAY ARRIVALS	SOUK 5:30 Welcome for 5-day dancers (HS)	Supper	HAFLA (HS)
SUNDAY	7:45	8:45-9:30	10:00-12:00	12:15		2:00-3:30		4:30-6:00	6:15	8.00-9:30
	Breakfast	GWEN 1 B-C (OG) Bellydance Gym Drills for Precision <i>(bring water and a towel/yoga mat)</i>	KATHERINE 1 A-B (CLR) With the Flow, Tribal Improv TALIA 2+ B (OG) Spin Doctor! CATHERINE Y 3 B (DC) Super Saïidi	Lunch (1:30-1:50 Sagat) - OG		SANDRA 2 B (OG) Raksa Oriental Veil <i>(bring a veil)</i> DEBBIE 2 B (CLR) Candle Dance MARGARET 3-4 B (DC) Expressive Baladi		SOUK 2 & 3-DAY DEPARTURES	Supper	CATHERINE Y 1 A (OG) Yoga and Pilates Relaxation

JWAAD SUMMER SCHOOL 2019 WEEKDAY TIMETABLE

MONDAY	7:45	8.45-9.30	10.00-12.00	12:15	2:00-3:30	4.00-5.30	6:15	8.00
	Breakfast	SOPHIE 1 C (OG) Superboost Workout <i>(please bring trainers, water and a towel or yoga mat)</i>	DEBBIE 2 B (CLR) Tribal Fusion Basics RAPHAELLE 2-3 B (OG) Estakooza Pop Dance to perform <i>(see page 3 for things to bring)</i> JO 4 (DC) Professional Dancers Dance to perform <i>(see page 3 for things to bring)</i>	Lunch (1:30-1:50 Sagat) - OG	ALANYA 1 B (OG) Samba Party! Dance to perform <i>(see page 3 for things to bring)</i> SANDRA 2-3 B (CLR) Cheeky Melaya Leff Dance <i>(Bring a large veil/ melaya)</i> GALIT 3-4 B (DC) Tango Fusion	ANN 1 (TCR) Bellydance Talk: Turkish Delight! 4:30-6:00 SOUK	Supper	TALENT SHOW! (HS) Bring your non-belly dance talent (and a glass of something) to this hilarious and relaxed evening!
TUESDAY	7.45	8.45-9.30	10.00-12.00	12:15	2:00-3:30	4:30-6:00	6:15	8.00
	Breakfast	CATHERINE Y 1 A-B (OG) Pilates for Bellydancers	ALANYA 2 B (OG) Double Veil Technique <i>(bring 2 veils)</i> GWEN 3 B (CLR) Expression Lab JO 4 (DC) Professional Dancers Dance to perform	Lunch (1:30-1:50 Sagat) - OG	ALANYA 1 B (T) 45 mins, (OG) 45 mins Samba Party! Rehearsal RAPHAELLE 2-3 B (OG) 45 mins, (T) 45 mins Estakooza Rehearsal JO's PANEL 4 (CLR) Professional Dancers 15 Mins of Fame	JO 4 (T) Professional Dancers Dance to perform SOUK	Supper	SHOW (T)
WEDNESDAY	7.45	8.45-9.30	10.00-12.00	12:15	2:00-3:30	4:30-6:00	6:15	8.00-
	Breakfast	RAPHAELLE 1 B (OG) Discover Khaleegy	GWEN 2 B (CLR) Vision of the Golden Age <i>(bring a veil)</i> KAY 3 B (DC) Cairo Combinations JO 4 (OG) Professional Dancers Solos with Live Band	Lunch (1:30-1:50 Sagat) - OG	ELIZABETH 2 B (CLR) Taqaşim Baladi KAY 2-3 B (OG) Dance with Live Band TALIA 3-4 B-C (DC) Hard Raqs Drum Solo	SOUK	Supper	FANCY DRESS PARTY (HS)
THURSDAY	7.45	9.00-10.30	11.00-12.00	12:15	1.30-3.30			
	Breakfast	GALIT 1 A (CLR) Awaken and Relax Body Awareness TALIA 1 B (OG) Howdy! Intro to Country Line Dance	EVERYONE (OG) Last Blast! KAY 2 B Shaabi fun - Mafia Mafia	Lunch	DEPARTURES We look forward to seeing you again next year!	Souk: HS:		

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TIMETABLE INFORMATION AND KEY

CLASS LEVELS...

TECHNICAL LEVEL

These are estimates of how long it takes to achieve each level. It also depends on you and your teacher.

- 1 – All - anyone can try
- 2 – Improvers - 6 months - 2 years
- 3 – Intermediate - 2 years & over
- 4 – Advanced

Professional Dancers with Jo

Advanced and Professional performers
(pre- register your interest to attend any of these classes)

CLASS LEVELS...

INTENSITY LEVEL

These are estimates of the energy level of the class

- A – very gentle
- B – moderate intensity
- C – higher intensity or cardio fitness

STUDIOS/ROOMS

Classrooms for solo rehearsals & private lessons:

- C1, C2, C3, C4
- CLR – Cultural Living Room
- DC – Dance Centre
- HS – Home Studio
- OG – Old Gym
- T – Christopher Lee Theatre
- TCR – Talbot Common Room

These rooms can sometimes be used outside class hours for rehearsal or practice. You can book studio time by filling in the Studio Booking form on the information desk in Beresford House entrance hall.

PRIVATE LESSONS

The residential teachers are sometimes available to teach private lessons. Please approach the teacher for a lesson.

The fee for a 1-hour lesson is £35 and is payable direct to the teacher.

The fee for a 1-hour lesson with Josephine Wise is £45

TEACHERS

Josephine Wise
Kay Taylor
Gwen Booth
Raphaëlle Masson
Catherine Bartholomew
Dorte Evelyn (*Ishtar*)
Margaret Krause
Sandra Thompson
Galit Mersand
Talía Soleil
Catherine Ydstie
Ann Hall
Sue Baker
Abbie Mason (*Alanya*)
Katherine Caddick
Elizabeth Aitken
Debbie Phillips
Chrissie Warwick
Rachael Borek
Sophie Calvert

PERCUSSIONIST

Tim Garside

LIVE MUSIC

Gamal el Sarir
Emile Bassili
Ali Ahmed Ali
Haytham Sebaei

ANGELS

Archangel Sophie Wise
Katherine Caddick
Cheryl McGowan
Kat Shaw
Zoe Taylor

ADMINISTRATION

Josephine Wise
Sophie Wise
Gwen Booth

SOUK

The Souk is in Talbot House

SWIMMING POOL

The swimming pool is usually open from 11am until 6pm daily.

There may be times when the pool is closed because it is full, particularly between 2pm and 4:30pm

DANCES TO PERFORM

(things to bring to perform in)

Jo's level 4 – an Oriental costume with a veil

Raphaëlle's level 2/3 – anything from tight jeans & funny T-shirt to colourful mini-skirt or leggings. High heels or trainers if you want.

Alanya's level 1 – Dance pants & top, sequinned, fringed & feathered if possible!